

Knots

Tying two ropes together:

Square Knot and quick release

Sheet Bend

Carrick Bend

Loops in a rope:

Bowline and Variants

Standard

Bowline on a bight

One handed bowline

Figure Eight and Variations

Standard

Figure Eight follow through

Double Figure Eight

Alpine Butterfly

Misc:

Sheepshank

Overhand

Water Knot

Cat's Paw

Prussick

Hitches:

Clove Hitch

Standard

On a Bight (Bunny
Ears)

Quick Release

Constrictor

Two Half Hitches

Round Turns

Taut Line (Midshipman's
Hitch)

Timber Hitch

Killick

Rolling Hitch

Draw Hitch

Swivel Hitch