

## SOUTH COUNTY ARES (SCARES)

Amateur Radio Emergency Service for southern San Mateo County



# Tips for New Hams

**Congratulations on getting your Amateur Radio License!**  
Here are some suggested steps for getting started:

1. Get a radio
2. Get on the air
3. Get more from your radio
4. Serve your community — join SCARES!

### Step 1. Get a radio

- Dual band HT (2 meter, 70 cm) capable of 5W output
- Major brands: Kenwood, Icom, Yaesu
- Places to buy:
  - Ham Radio Outlet  
510 Lawrence Expressway #102  
Sunnyvale, CA 94085  
408.736.9496  
800.854.6046  
[www.hamradio.com](http://www.hamradio.com)
  - AES (Amateur Electronic Supply)  
800.558.0411  
[www.aesham.com](http://www.aesham.com)

### Step 2. Get on the air

- Use the SCARES repeater: 444.50+ 100\*
- Use simplex frequencies such as 146.52s, 446s
- Check into SCARES Net: Mondays, 7:30 pm  
Use UHF 444.50+ 100\* or VHF 146.445s 114.8\*
- Check into County Net: Tuesdays, 8 pm  
146.865– 114.8\* or 146.925– 114.8\*

\* CTCSS tone for encode/decode; also called PL

### Step 3. Get more from your radio

- Get a better antenna
- Get better battery, get AA battery pack
- Consider a mobile rig
- Upgrade to General and get on HF

### Step 4. Serve your community — join SCARES!

- Unique opportunity to help city and local agencies during times of emergency
- Become a better radio communicator and get training by working with us at local events
- Be a part of a great group of people and have fun!

### Want more help?

South County ARES members are more than willing to help fellow hams. Please feel free to contact any member for assistance. Below is are some names and contact information to get you started.

#### South County ARES Board

Gary Aden, K6GDA <a href="mailto:pres@k6mpn.org">pres@k6mpn.org</a>	<i>President</i>
Don Ussery, KG6HJR <a href="mailto:vp@k6mpn.org">vp@k6mpn.org</a>	<i>Vice-President</i>
Fred Coffer, KF6YYK <a href="mailto:treas@k6mpn.org">treas@k6mpn.org</a>	<i>Treasurer</i>
David Freydenlund, KG6LRP <a href="mailto:secty@k6mpn.org">secty@k6mpn.org</a>	<i>Secretary</i>
Bill Smith, KE6CHQ <a href="mailto:mlg@k6mpn.org">mlg@k6mpn.org</a>	<i>Member-at-large</i>

#### Emergency Coordinators (ECs)

Peter Liljequist, KD6BXY 650.592.5663 <a href="mailto:kd6bxy@arrl.net">kd6bxy@arrl.net</a> District EC, Bayside
Larry Nelson, KC6NYG 650.726.9764 <a href="mailto:k6nyg@arrl.net">k6nyg@arrl.net</a> DEC, Coastside
Robert "Bob" Lombaerde, WB6WGM 650.592.5464 <a href="mailto:wb6wgm@arrl.net">wb6wgm@arrl.net</a> EC, Belmont
Ken Dueker, KB6BPM 650.851.7248 <a href="mailto:kdueker@post.harvard.edu">kdueker@post.harvard.edu</a> EC, Menlo Park/Atherton

Ross Peterson, WB6ZBU 650.349.5349 <a href="mailto:wb6zbu@arrl.net">wb6zbu@arrl.net</a> EC, San Mateo
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Web: [k6mpn.org](http://k6mpn.org)

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