## South County Amateur Radio Emergency Service Grab and Go Kit Check List

|             | 2 meter HT plus 12 hours worth of batteries (a dual band 2M/440 is better)                 |
|-------------|--|
|             | Consider a waterproof bag to protect it from the elements                                  |
|             | 1/2 wave gain antenna for better performance and a magnetic mount antenna                  |
|             | AC to DC adapter and auto cigarette lighter plug cable to power HT                         |
|             | Remote speaker/microphone or headset   |
|             | Headphones with correct connector to plug into radio, for use in noisy areas               |
|             | Extra coax for antenna and connectors and adapters for radio                               |
|             | Thomas Guide Map book or other maps  |
|             | Repeater listing frequency Directory   |
|             | Users manual for your radios or cheat sheets   |
|             | Message forms, writing pads, pens and clipboard  |
|             | SCARES badge, copy of FCC license  |
|             | Appropriate clothes for the weather, terrain and duration.  Dress to stay warm and dry.    |
|             | Hat, sunglasses and sunblock during warm sunny weather.                                    |
|             | Food, water, and needed medicines for at least 12 hours                                    |
|             | First Aid Kit, First Aid and CPR training?   |
|             | Night time gear, flash, light extra batteries and bulb, reflective vest, flares in vehicle |
|             | Small tool kit, gas and water shut off tools   |
| EXTRA ITEMS |  |
|             | Second radio with 12 hours of battery power  |
|             | Base station antenna i.e J-pole and mounting hardware                                      |
|             | 50 feet of coax with connectors  |
|             | Scanner radio and frequency list of local public safety agencies                           |
|             | Large 12 volt battery, Gel or deep cycle, charger, 100 feet of AC power cord, large gauge  |
|             | Poster paper, markers and tape for signs   |
|             | Hard-hat for your head   |
|             | 3-way electrical adapter (for 2 prong outlets)   |
|             | Whistle  |
|             | Waterproof paper   |