

Leave No Trace (LNT)

7 principles

1) Plan Ahead and Prepare

- Prepare a risk management plan
- Know regulations for area
- Prepare for extreme weather
- Schedule trip to avoid high time use
- Visit in small groups
- Repackage food to minimize waste

2) Travel and Camp on Durable Surfaces

- Walk on established trails and campsites
- Walk on rock, gravel, dry grasses, and snow
- Camp 200 feet from lakes and streams
- Walk in single file in the middle of the trails
- In pristine areas, disperse your group to avoid starting a new trail or campsite
- Keep campsites small

3) Dispose of Waste Properly

- You Pack it IN, You pack it OUT
- To deposit human waste: dig a hole 6-8 inches, and 200 feet from water, camp and trails. In the winter you must pack out solid waste.
- To wash yourself or your dishes, carry water 200 feet away from streams or lakes and use small amounts of biodegradable soap. Scatter strained dishwater.

4) Leave What You Find

- Take only pictures leave only footprints (and minimize those)

5) Minimize Camp Fire Impact

- Use backpacking stove
- When fires are allowed, use established fire rings, pans, etc.
- Keep fires small
- Burn all used wood to ash, put out fire completely, then cool and scatter ashes

6) Respect Wildlife

- Observe wild life, but do not approach
- Don't feed the animals, use bear bags or canisters
- Protect your trash

7) Respect Others

- Be considerate
- Avoid loud noise